

# Writer's Message

To the reader, this in-depth document contains an important message of truth which has been distorted in every way possible in today's world. It is recommended to read through all sections of this writing in order, as it contains significant 'secret' knowledge written in an orderly and efficient manner. It also contains a serious warning which will occur in the very near future due to Earth changes. I am not allowed to tell you how I know this information, just that my role and mission here is to spread the information provided. It is fully understood that some concepts will come off as odd or confusing, but if one takes it to heart and "connects the dots" it may become clear. The state of the world beginning with COVID-19 and now the "War in Ukraine" is a precursor of what is to come. You come from Hyperborea. This will all make sense in the future. Remember this.

The word *occult* has its roots in the Latin word *occultus* which means "hidden, secret." *The occult*<sup>1</sup> can therefore be interpreted as "knowledge of the hidden," or "secret knowledge." A necessary perspective to keep in mind is that it must not be interpreted as knowledge that is "meant only for certain people" or that "must be kept hidden." The latter view is typically associated with secret societies where members who have attained a certain degree of rank are granted access to information that is only meant for them. That is not the case. Having access to knowledge, information, and truth is attainable by anyone. What some of the ancients may consider 'enlightenment' or what the Gnostics called 'gnosis', which is the Greek word for knowledge, all commonly refer to the same idea. Therefore, the one who truly wishes to find Truth must ask themselves: *What is this knowledge that is hidden?*

First and foremost, it is of utmost importance for each individual to have an open mind when it comes to learning new information. Changing perspectives allows one to understand new concepts from a different point of view. Once one sees it from a new perspective, one must then decide for themselves whether it is true or untrue. It is beneficial to question whether modern education, the media, and religion contains the truth. The purpose of this writing is not meant to portray a pessimistic viewpoint of the world, but instead to reveal the reality of the world in which we live and to bring light to the nature of the human soul, the paradise of humanity's true home, why it has been hidden from us, and how to return there.

---

<sup>1</sup> Occult- knowledge of the hidden; secret knowledge

# Part I

## Hyperborea

### I. The Mystical Land of Hyperborea

**Hyperborea**<sup>2</sup> is the eternal and spiritual land that is described as perfect and ethereal in nature meaning it does not reside in a physical location. The roots of the word *Hyper-* can be translated to “above, beyond” and *Borea-* translates to “the North wind.” Hyperborea can therefore be interpreted as the ‘land beyond the North Wind.’ This mystical location was written about extensively in Greek history and till this present day is a heavenly paradise known to be accessible in the Polar regions of Earth; in particular the Arctic and in present day Antarctica.

This blissful realm was described as eternal, sunny, divinely-blessed, and encompassed with the color green. Colossal trees, green mountains, and ever-flowing rivers are just a few ways to describe this paradise that resonated in harmony with nature. Green is the primary color of Hyperborea due to its vibrational frequency. Hence, Hyperborea is the “Green Land,” the paradisiacal home of humanity.

Hyperboreans were the first race of spiritual beings who existed upon the planet and they were described as having bodies that were **ethereal**<sup>3</sup> as opposed to physical. This was the true Golden Age. The races that followed Hyperborea were termed the Silver Age in the doctrines of the occult, followed by the Copper Age and finally the Iron Age. Each age became less inferior in spirituality to the one before, until it reached the lowest point of spiritual human beings. The Iron Age consists of this lowest point and was the first race of physical human beings. It was at this point where humanity had lost all knowledge of their true origin. In the present day, humanity has marginally surpassed the lowest depths of the Iron Age, and is supposed to be ascending back on the upward scale of spiritual progression. These are the Four Great Ages, with Hyperborea being the primary Golden Age that still exists in the present day.

---

<sup>2</sup> Hyperborea- the heavenly paradise accessible through Earth’s polar regions in the Arctic and Antarctica

<sup>3</sup> Ethereal- consisting of a light, beautiful, fluid, and celestial substance and nature; non-physical

## **II. Humanity Comes From Hyperborea**

Human beings currently living their life on Earth contain a spark of the Hyperborean spirit and soul within their physical bodies. This is why every human being on the planet is Hyperborean but most are unaware of their origin upon birth and throughout the rest of their incarnation. The soul is formless and is not solid and dense like the physical body, so it is of utmost importance to not base your identity upon the physical body. Your human form is not who you are.

## **III. The Significance of Hyperborea**

The ancient Greeks were quite knowledgeable about Hyperborea and had many documented stories and legends about this mysterious location. The ancient Greeks were keen travelers and explorers from one of the earliest stages of culture and civilization. Towards the end of the Medieval period in the midst of the Iron Age, philosophers, geographers, and storytellers were tasked with documenting and communicating a complex world to their audiences through stories and writings. These stories and writings were how knowledge of other civilizations and worlds were meant to be kept preserved as an important piece of ancient history.

Unfortunately, in modern times the knowledge and existence of Hyperborea has mostly been hidden. The knowledge preserved by the Greeks had been deliberately destroyed or lost in order to conceal this information from humanity. A paradisiacal civilization existing in a higher plane of existence located through entrances in both the North and South Poles is notable when one analyzes the true account of World War II. This significant period of history and how it relates to Hyperborea will be further explained in these writings.

## **IV. Hyperborea's Location**

Modern day scientists, geographers, and cartographers assert that in the Arctic and Antarctica, there is nothing of significance that is worth exploring. In the Arctic, the 'powers that be' claim that there is no continent at the North Pole and in Antarctica, a massive frozen continent is left unexplored because it has nothing of importance. In the present day, it has come to terms that this is pure fallacy.

Modern day flights have serious restrictions when it comes to flying over both the Arctic and Antarctica. Flights to the North Pole are governed by international laws that have been put in place disallowing any individual to freely travel to this location. Furthermore, flights to Antarctica are allowed but with serious restrictions, and additional exploration inland is highly prohibited. After further analysis, it should be evident that there has been a deliberate attempt to hide an important truth that lies inside the Polar regions of Earth, notably Hyperborea.

If one analyzes old world maps, it can be seen that at the Arctic, lies the converging of four small continents which are divided by four rivers flowing inward, and at the center resides a rocky mountain named **Mount Meru**<sup>4</sup>. Mount Meru is the central mountain located in the geographic North Pole which has been deliberately deleted from modern day maps. At the center of Mount Meru is the polar entrance that leads to Hyperborea. This relates to the correlating information that has been discovered on “inner Earth” such as *Agartha* and *Shamballa*.

The 1595 world map by Gerard Mercator showing the true geographic North Pole has been intentionally erased from all present day maps in order to hide the reality of what is really there. The 16th century Flemish cartographer Gerard Mercator wrote in a letter, “*In the midst of the four countries is a whirl-pool, into which empty these four indrawing seas which divide the North.*” The ‘whirl-pool’ refers to the portal which when one enters, will emerge into Hyperborea, the “land beyond the North Wind.” In the present day, Antarctica has also come to the attention of the world ‘powers’ hiding something of high significance there. In fact, both the Arctic and Antarctica contain the secret on how to pass into Hyperborea and as briefly mentioned, is a non-physical and ethereal paradise.

One of the known documented Greek historians and geographers to write about Hyperborea was Herodotus from the Greek city of Halicarnassus. Other notable Greek influencers to include Hyperborea in their work were Homer, Hesiod, and Pindar. These writings and texts mention Hyperborea, as well as the magnificent race of beings who inhabited this plane of existence through the Polar regions of Earth. The preserved knowledge of Hyperborea has been deliberately erased from certain ancient texts in order to conceal from the public that human beings’ soul and spirit come from Hyperborea, which the masses are largely unaware of.

---

<sup>4</sup> Mount Meru- the central mountain located in the geographic North Pole where the four hidden continents converge

## **V. The Reality of the Universe**

Before the reader questions why the reality of what lies in the Arctic and Antarctica would be hidden from humanity, an examination in the difference between the physical world compared to Hyperborea is necessary. The physical world resides in matter. It is the material world in which we live, what we currently call Earth and the Solar System. It is energy and motion in a state of rest and equilibrium.

Hyperborea, on the other hand, resides in the spiritual realm which is light and fluid in nature; it is purely ethereal. Unlike the physical world, Hyperborea is not dense and solid like the properties of matter. When the commencement of the Golden Age of Hyperborea began, creation ultimately expanded downward on a descending scale. In the downward spiral, each state of existence became less spiritual and more material. Thus, the highest state of existence is the most spiritual and ethereal. The further down creation moves, it becomes more dense and solid and therefore more involved in matter. When creation continues to progress on the descending downward spiral, state after state, until it cannot go any further, it becomes denser until it reaches a moment where it ceases. This point is where Earth currently resides, where our physical universe consists of pure matter. There are no possible lower planes of existence. Contrary to modern science, creation does not always progress upward as theorized in the fallacy of evolution. Highly advanced civilizations existed in the past, and still do. Since Hyperborea was the original root race of Earth, Hyperborea still remains in the spiritual realm, just not in the physical world of matter.

The universe is boundless and unlimited and contains both the physical and the non-physical. It is dual in nature and contains the energies of both the masculine and feminine. This is an important principle to bear in mind as we progress further in these writings. The law of duality is the divine nature of the universe. It is a balance in equilibrium where all things have a polar opposite.

## **VI. The Secret of World War II**

In recent history, confirmation of Hyperborea has become more clear if one examines the hidden history behind World War II. In 1946, the Rockefeller Foundation invested \$139,000 to publish an official story of World War II that deleted all facts and references to the occult and mystical accounts involving the Hyperborean influence of the Third Reich.

What has been taught in modern education is not the actual account of what occurred during the 1930s-1940s, and the years following it. The secret history behind World War II has been deliberately omitted from modern education and textbooks in order to conceal the significance of Hyperborea and how every human being on the planet is Hyperborean in nature.

The official narrative of World War II proclaims that Germany glorified and promoted themselves as proud members of the 'Aryan' race, while actively degrading Jewish and African people. This is not the case. The term 'Aryan' relates to an ancient group of people who resided in India and Persia who spoke an Indo-European language. There has never been documented records of the existence of Aryans in European or Germanic history. In fact, Germany claimed their descent and ancestry came from Hyperborea and had nothing to do with promoting the obsession of the caucasian-skinned people. The modern common misconception of Nazi Germany will become clear when we analyze the true accounts of World War II.

The purpose of this writing is to state the truth about humanity's recent history, not to support or favor any specific ideologies. If one is to examine the hidden history behind World War II, one will come across the heavy involvement of the use of advanced free-energy technology by Germany. This technology is commonly associated with "UFOs" - "UFO" being the acronym for "unidentified flying objects," as the reader is likely already familiar with.

Following the end of World War II, certain occult societies in Germany emerged that were dedicated to utilizing and harnessing the power of free-energy, called Vril energy. **Vril**<sup>5</sup> is the form of universal free-sourced energy that is harnessed from an immense central source, what is referred to as the Black Sun. The **Black Sun**<sup>6</sup> is the immense spiritual star that is the central source of everything in the physical universe. The meaning of the word 'Vril' can be translated to "life force;" it is an unlimited and cosmic free-sourced energy that was used by Germany to create technologically advanced free-energy aircraft.

Germany during World War II rose to power due to their intent on spreading knowledge to the world about humanity's origin originating in Hyperborea. They were dedicated to letting the world know that human beings come from Hyperborea and they were well aware that most people had forgotten the origins of where they truly come from. This is the primary reason World War II began, because the opposing forces were not ready for the world to wake up to their Hyperborean origin.

---

<sup>5</sup> Vril- free-sourced, unlimited cosmic energy harnessed for use

<sup>6</sup> The Black Sun- the immense spiritual star that is the central source of the physical universe

## VII. The Aldebaran Star System

The specific groups that rose out of Germany during the rise of the Third Reich were associated with the Nazi Germany Party. The Vril Society, specifically referred to as the Vril Gesellschaft, the Thule Society, and the Black Sun Society all had a strong influence in the rise of Nazi Germany and the assertion of their Hyperborean origins. In addition, Maria Orsic was a member of the Vrilerinnen who worked for the Vril Gesellschaft. Maria Orsic was most notable for making contact with Hyperboreans who come from the **Aldebaran**<sup>7</sup> star system located in the Constellation of Taurus.

Maria Orsic was a psychic medium due to her ability to telepathically communicate with Hyperboreans. Maria Orsic was notable for holding meetings with particular German secret societies to discuss how to build the first free-energy device using Vril. From here on out, Germany rapidly developed many different kinds of advanced alternative free-energy aircraft that were used in retaliation against the threat of nuclear weapons from the Allied powers. The entire history of World War II is filled with mystical and metaphysical events but since it has not been taught in school, you have never heard or even thought to question it. This is the reality of the world we live in.

## VIII. The Power of 'Vril'

German physicist Winfried Otto Schumann stated that “everything destructive is of satanic origin, everything creative is divine... Every technology based on explosion or combustion has thus to be called satanic.” One must bear in mind that atomic bombs and nuclear energy is highly destructive and explosive whereas the utilization of Vril was a natural and efficient way to harness unlimited, cosmic energy that functions harmoniously with the universe. It is pollution-free, noiseless, and is able to be distributed across the entire world freely without a depletion in resources. Vril is also able to produce anti-gravity propulsion systems and torus generators, which is the basis for how UFO technology operates. Torus generators produce a **toroidal field**<sup>8</sup>, which is an electromagnetic field surrounding an object where energy flows in and out in harmony. It must briefly be noted that the term “unidentified flying object” is not an accurate representation of its name since it is now known that the source of such technology was powered by Vril.

---

<sup>7</sup> Aldebaran- the star located in the Constellation of Taurus known to be the home of the Hyperboreans

<sup>8</sup> Toroidal field- electromagnetic field surrounding an object where energy flows in and out in harmony

German engineers responsible for the development of technologically advanced Hyperborean aircraft figured out how to master a form of levitation technology by designing a torus propulsion engine capable of sustaining and maintaining a controlled energy vortex which would supply the vehicle with its own gravitational field. The force generated by this central energy vortex would generate a torus field surrounding the craft. By altering the rotational speeds of the controlled energy, this would allow the craft to levitate, accelerate, and even alter the surrounding electromagnetic field so as to become invisible.

It has been kept secret that Germany during World War II was responsible for the creation of free-energy technology and the development of highly advanced craft, or 'flying disc saucers.' This should bring awareness to Hyperborea and how Germany was able to develop such advanced innovations with assistance from an outside source. Germany's intent on spreading the awareness of Hyperborea and the use of Vril would have revolutionized the world if it were not for the opposing forces that chose destruction with nuclear energy.

## IX. Clarification of the Swastika

The word **Swastika**<sup>9</sup> comes from the Sanskrit word *svastika* which means "well-being." The Swastika was the primary symbol of Nazi Germany and due to the false narrative of World War II, it has received a negative connotation throughout the years. This ancient esoteric symbol had always been a symbol of good luck and auspiciousness, or spirituality and divinity in certain cultures. The Swastika has taken on quite a few styles and forms over the years, in particular the counter-clockwise and the clockwise form. The use of the clockwise form of the Swastika by Nazi Germany does not mean they contradicted the ideology or had an inverted view upon it. This is pure propaganda just like the official story of World War II.

One of the main reasons Germany adopted the symbol of the Swastika to represent them is not only due to the spiritual meaning behind the symbol, but because the four arms of the symbol represent the central Spiral of the world, meaning it symbolizes the four continents of the North Pole which lead to Mount Meru and the central vortex that is one of the gateways to Hyperborea.

---

<sup>9</sup> Swastika- the symbol of Nazi Germany which represents "well-being" and the central Spiral leading to Hyperborea

## X. Operation Highjump

One of the most groundbreaking events to transpire during the times of World War II involves the secrecy behind what occurred during an expedition code named “Operation Highjump” in the years of 1946-1947. Operation Highjump was the expedition led by Admiral Richard E. Byrd and American troops to Antarctica. Admiral Byrd was the lead American naval officer in charge of Operation Highjump and is most notable for leading expeditions to both the North and South Poles during his service in the U.S. Navy. Byrd has been noted for stating that “the purposes of the operation are primarily of a military nature.”

Operation Highjump was a large-scale expedition to Antarctica that consisted of 13 ships, over 30 aircraft, and approximately 5,000 men. The purpose of the expedition was to locate secret German bases believed to exist in the Neuschwabenland territory of Antarctica, as well as gather intelligence on a possible German presence there. In the 1948 documentary *The Secret Land* produced by the United States Navy and Army, the film claims that the purpose of the expedition was solely to explore and map out undocumented parts of Antarctica, as well as to discover “coal deposits” and other valuable resources. Since *The Secret Land* was produced by the Navy, there is no mention of a German presence in the film for obvious and apparent reasons. The events that took place during Operation Highjump have been officially kept confidential to the public.

Antarctica is alleged to be an uninhabited, immense stretch of barren land, consisting primarily of ice and snow. Contrary to popular belief, Antarctica is not a desolate continent but instead holds Earth’s most astonishing secret. Prior to the expedition, the American forces were well aware of a previous German presence in Antarctica as well as their development of Hyperborean free-energy aircraft. Upon arrival to Antarctica, Admiral Byrd and the Navy were met with resistance from disc-shaped aircraft that had a radiant quality to them. Byrd was very much caught by surprise and even detailed some of his accounts in his diary now published after many years titled *The Missing Diary of Admiral Richard E. Byrd*. Byrd was startled by the rapid speed of the German craft and described them as “flying objects which could fly from pole to pole at incredible speeds.” What ensued afterwards was a deadly conflict between the two opposing sides. Byrd’s forces were met with overwhelming action and to the U.S. Navy, the loss of life was not worth pursuing.

The American forces witnessed Germany’s Hyperborean aircraft materializing swiftly out of entrances and portals in Antarctica. Such technology clearly did not originate from Earth and as already stated, Germany had assistance from Hyperborea in the development and use of Vril in order to construct advanced free-energy aircraft. The Navy’s ships

and standard aircraft were unequal in comparison to the advanced technology of Germany's "disc-shaped flying saucers." The American forces suffered numerous casualties and as a result Operation Highjump terminated in February of 1947.

## **XI. The Significance of Antarctica**

It must be clarified that such technology was not "extraterrestrial" as many would like to believe. The modern "UFO" community has been misled into engaging in the outlandish perspective of "space aliens" and extraterrestrials. Modern theories of grey aliens and "little green men" aboard UFOs are deliberate disinformation. Hyperborea and the beings that inhabit this sacred land can not be considered extraterrestrials or aliens. Such titles would infer that they originate from outside the earth and its atmosphere. The roots of the word extraterrestrial means "earthly" or "of relating to Earth." Hyperborea is located through inside of Earth's Poles which leads to another realm. This is not "outer space" but instead is a much higher vibrating plane of existence. The universe operates on vibrational frequency. All matter contains atoms vibrating at a slow speed which cannot be seen with the physical eye. The higher one goes when leaving the physical world, the higher the plane of existence vibrates. It has been said that there are an infinite amount of realms of existence where other beings and smaller 'universes' reside. This is how limited human perception has been indoctrinated with. Earth is part of the physical universe in which everything is composed of matter whereas Hyperborea is highly ethereal and is located in the spiritual realm.

Hyperboreans are one of the most advanced beings in the universe and are benevolent. Their goal has always been to properly assist humanity in their spiritual development since each and every human being on the planet is Hyperborean. This is the message Nazi Germany conveyed but were highly and intentionally demonized for it which transpired the events of World War II.

In modern times it is now well known and cannot even fall into the category of a conspiracy theory that the dark forces behind the world governments are hiding something highly significant in Antarctica. No flights are allowed to reach Antarctica and the modern vacations and cruises that do allow one to go there, only touch the very outer limits of Antarctica and never inland enough to truly explore what has been hidden there.

## XII. The Spiritual ‘Black Sun’

Both the Arctic and Antarctica contain a portal that leads to Hyperborea. Through these gates lies the presence of the Black Sun, which is the gateway to Hyperborea. *Operation Highjump* was a highly significant event in recent history that led to the uncovering of what Admiral Byrd would come to describe as the “land beyond the Pole.”

In the primary doctrines originating in the first Occult initiate book *The Light of Egypt: The Science of the Soul*, it describes the principles and nature of the universe; the realm of Spirit. Here it details the nature of the physical universe and the Black Sun, which here is referred to as the ‘spiritual Sun’:

- I. *“The divine one life principle emanates from the pure vortices, the central spiritual Sun of the manifested universe. From this mighty inconceivable center of life emanate the spiritual rays of the Mother and Father, scintillating with divine activity, whereupon the vast, motionless void, the universe of the silent, formless Spirit becomes alive with an infinite number of subordinate universes. Which means, the rays of Divinity are brought to a focus at various points in space. These points or foci form the spiritual centers of smaller universes. An example of this can be seen upon our material plane by observing that primary suns throw off a series of secondary suns. These secondary suns throw off planets, and the planets become the parents of moons. By the science of correspondence, “as it is above, so it is below.” Remember these facts.*

From the doctrine above, the spiritual rays of the “Mother and Father” refers to the dual forces of nature, the feminine and masculine. The Black Sun is the spiritual star of the manifested, physical universe. In other words, it is the central source that emanates and gives life to the physical universe. This is not to be confused with the golden sun in Earth’s atmosphere. The Black Sun is not visible from view in the physical world but motions through space through the Constellations of the Zodiac.

When one hears the word ‘universe’ one tends to imagine it solely by its physical aspects. It is taught in modern science and education that the Earth, moon, planets, and the physical universe is the only reality which exists. In actuality, the universe contains both the non-physical as well as the physical; the realm of spirit and the realm of matter. Moreover, Hyperborea is located in the spiritual realm whereas Earth resides in the physical world of matter.

The Black Sun is the central link between Hyperborea and the physical universe, or Earth. In modern science it is taught that the **Aurora**

**Borealis**<sup>10</sup> are the natural lights that are the result of interferences in the magnetosphere caused by solar wind, typically seen in high-latitude areas. In actuality, the Aurora Borealis are the polar lights emanating from the Black Sun which can be seen in both the North and South Pole regions of Earth. The primary colors of the Aurora lights are predominantly green, with slightly rarer variations of blue, yellow, and purple. These lights are green and can only be seen in the Polar regions because the Black Sun is the gateway to Hyperborea. Contrary to present day scientists who claim the Aurora lights are caused by solar wind, these lights are in fact evidence that Hyperborea is located through the polar vortexes in both the Arctic and Antarctica. Green is the color of the Aurora Borealis because green is the predominant color of Hyperborea, the “Green Land.”

It is noteworthy to mention that certain Stars are wormholes to other realities of existence. That being the case, if one is to travel through the polar entrances in Antarctica or the Arctic, one will cross the threshold into the Black Sun which leads into a wormhole that is directly linked to the Aldeberan Star system and therefore be able to enter Hyperborea. This is the way out of the physical world. The mechanism of how to do this and return to Hyperborea will be further explained in Part II.

### **XIII. The Missing Diary of Admiral Byrd**

One of the most important pieces of work to be published many years post WWII was the missing diary of Admiral Byrd. Byrd’s diary details his personal experiences during the winter of 1947 during Operation Highjump. The diary had been missing for many years but has since then been discovered, released, and officially published titled *The Missing Diary of Admiral Richard E. Byrd*. In his diary are recorded daily logs of what Byrd witnessed and experienced. In one of Byrd’s daily diary entries he opens by writing:

***“there comes a time when the rationality of men must fade into insignificance and one must accept the inevitability of the Truth.”***

Admiral Byrd’s experiences were written in his secret diary and not made public until several years later. The truth about what occurred during Operation Highjump remains classified. Nevertheless, the contents of what Byrd encountered in Antarctica was somehow leaked and released. In one of Byrd’s latter entries, he continues:

---

<sup>10</sup> Aurora Borealis- the natural lights in the Polar regions of Earth that emanate from the Black Sun

***“I am making a hasty last entry in the flight log. Several men are approaching on foot toward our aircraft...In the distance is a large shimmering city pulsating with rainbow hues of color.”***

In this particular diary entry, Admiral Byrd sees an other-worldly city for the first time which he describes as beyond beautiful and mesmerizing. Byrd is not specific as to how he was able to enter into this unique city. He then describes in more detail:

***“as we approach, the city seems to be made of a crystal material.”***

A few journal entries later Byrd also writes:

***“Then I begin to see my surroundings. What greeted my eyes is the most beautiful sight of my entire existence. It is in fact too beautiful and wondrous to describe. It is exquisite and delicate. I do not think there exists a human term that can describe it in any detail with justice.”***

Here Byrd is describing his first sight upon seeing an ethereal land located beyond the Pole in Antarctica during Operation Highjump. This particular location that Admiral Byrd wrote about is Hyperborea which is located through the entrances in Antarctica. These particular diary entries describing a magnificent land in the Antarctic are some of the only eyewitness accounts of witnessing Hyperborea in person.

Byrd's detailed journal entry describes a crystalline city that is too beautiful to describe in the human language. It should be noted that Byrd's description of the city being composed of "crystal material" is evident in the fact that Hyperborea is ethereal in nature and not physical like Earth. It cannot be stressed enough that Hyperborea is not a physical location in Antarctica but an ethereal land that is located through entrances in the Polar regions of Earth which has been purposely hidden from the world in an attempt to hide humanity's true origin.

## **XIV. Admiral Byrd's Meeting With the 'Master'**

Following Admiral Byrd's first time seeing Hyperborea, Byrd continues to detail his accounts upon meeting with a being that Byrd referred to as the 'Master' in his diary. The following are multiple diary entries in consecutive order compiled into one passage, for the benefit of the reader. The written entries detail the meeting Byrd had with the 'Master,' who was most notably a Hyperborean. Upon seeing the

Hyperborean, he describes the being as beautiful and ethereal. Byrd recounts his conversation with the Hyperborean in the following compiled diary entries below.

***“We have let you enter here because you are of noble character and well-known on the surface world, Admiral...We shall not long delay your mission, and you will be safely escorted back to the surface and for a distance beyond. But now, Admiral, I shall tell you why you have been summoned here...Our interest rightly begins just after your race exploded the first atomic bombs over Hiroshima and Nagasaki, Japan. It was at that alarming time we sent our flying machines, the Flügelrads, to your surface world to investigate what your race had done. That is, of course, past history now, my dear Admiral, but I must continue on...***

***You see, we have never interfered before in your race’s wars and barbarity, but now we must, for you have learned to tamper with a certain power that is not for man, namely, that of atomic energy. Our emissaries have already delivered messages to the powers of your world, and yet they do not heed. Now you have been chosen to be witness here that our world does exist. You see, our culture and science is many thousands of years beyond your race, Admiral....I interrupted, ‘but what does this have to do with me, Sir?’ The Master’s eyes seemed to penetrate deeply into my mind, and after studying me for a few moments he replied, ‘Your race has now reached the point of no return, for there are those among you who would destroy your very world rather than relinquish their power as they know it’...***

***I nodded, and the Master continued, ‘In 1945 and afterward, we tried to contact your race, but our efforts were met with hostility, our Flügelrads were fired upon. Yes, even pursued with malice and animosity by your fighter planes. So, now I say to you, there is a great storm gathering in your world, a black fury that will not spend itself for many years. There will be no answer in your arms, there will be no safety in your science. It may rage on until every flower in your culture is trampled, and all human things are leveled in vast chaos. Your recent war was only a prelude of what is yet to come for your race. We here see it more clearly with each hour...do you say I am mistaken?’***

***‘No,’ I answer, it happened once before, the dark ages came and they lasted for more than five hundred years. ‘Yes, replied the Master, the dark ages that will come now for your race will cover the Earth like a pall, but I believe that some of your race will live through the storm, beyond that, I cannot say...We see at a great distance a new world stirring from the ruins of your race, seeking its last and legendary***

***treasures, and they will be here, safe in our keeping. When that time arrives, we shall come forward again to help revive your culture and your race.'***

The following account is taken straight from *The Missing Diary of Admiral Richard E. Byrd*. It details Byrd's experience with a Hyperborean leader who he named the 'Master,' who met with Byrd during the conclusion of Operation Highjump. After the defeat of the U.S. Navy while Admiral Byrd was still in Antarctica, he was taken aboard a German aircraft and brought to the great entrance of the Pole in Antarctica.

Since Admiral Byrd was the lead naval officer in charge of Operation Highjump, the Hyperboreans met with him since they knew he was of noble character. As written in the diary entries, the Hyperborean explains how during World War II, efforts to make peace with the Allies were met with consistent hostility and violence. Germany was very well aware of their Hyperborean origin and their goal was to spread this knowledge to the rest of the world, but their attempts were vilified by the Allies and those who supported them. It must be clarified again that Germany had the backing of the Hyperboreans, this is the primary reason modern education has drastically condemned Nazi Germany and labeled them as villains.

The conversation between Admiral Byrd and the Hyperborean continues. The Hyperborean then mentions how the United States government and the opposing forces caused an unnecessary mass atrocity by detonating two atomic bombs in Hiroshima and Nagasaki. According to the Hyperboreans, atomic energy is highly destructive and harmful to Earth's natural cycles. It must briefly be noted that Earth moves in cycles through the Constellations of the Zodiac. The destruction of the atomic bombs pulverized Earth's electromagnetic energy field causing significant permanent damage that would have everlasting effects on the rest of humanity.

Admiral Byrd was stunned by what the 'Master' Hyperborean had informed him. Upon witnessing Hyperborea and meeting with an apparent Hyperborean leader, Byrd left with a feeling of humility. Byrd's duty was to then inform the United States government and the dark forces they worked for what the basis of their meeting was about. Byrd was to spread the message that the dropping of the atomic bombs will have everlasting effects on Earth and that there will be devastating future consequences on the people. Admiral Byrd left feeling speechless and detailed the ending of his meeting writing:

***"With these closing words, our meeting seemed at an end. I stood for a moment as in a dream but yet I knew this was reality, and for some strange reason I bowed slightly, either out of respect or humility, I do not know which."***

Operation Highjump ended in February of 1947 after the defeat of the United States Navy. When Admiral Byrd returned to America, he reported his secret meeting with the Hyperborean to authorities about what the two had discussed. Byrd was then ordered to remain silent by the United States government and was detained for several hours, six hours and thirty-nine minutes to be exact, as stated in his diary. Byrd was interviewed by top security forces and a medical team and was then placed under strict control by national security provisions. He was reminded to keep quiet at all costs in regard to all that he had learned.

In the years immediately following Highjump, Admiral Byrd was routinely followed by government agents to ensure that he was not speaking out about the existence of Hyperborea and their advanced free-energy technology. Byrd's Boss, James Forrestal, the United States Secretary of the Navy and the first United States Secretary of Defense began to speak out about what he knew after he retired. He was then placed in a mental institution and was found dead after jumping out of a sixteen story window in May of 1949. It is suspected that he was targeted for giving out too much information about what he had learned during the times of Operation Highjump involving a German presence in Antarctica and its connection to Hyperborea. The United States government was making their attempts to make sure the existence and location of Hyperborea remained classified.

Seven years after Operation Highjump, Admiral Byrd appeared on national television in 1954 to speak in the Longines Wittnauer interview which interviewed guests who were significant newsmakers in the 1950s. This particular interview was broadcasted nationally. Byrd was careful not to speak out about anything too specific that would land him in trouble with authorities. From the interview one can see that Byrd was aware of the significance of the North Pole as well as the vastness of Antarctica which had not been fully explored. Byrd gives hints that he has seen Hyperborea. Below is the link to the full interview available for public viewing on Youtube.

<https://www.youtube.com/watch?v=PrdSal9uH28>

Admiral Byrd ended up passing away in 1957. Byrd concludes his diary by writing:

***“Just as the long night of the Arctic ends, the brilliant sunshine of Truth shall come again...and those who are of darkness shall fall in its light...for I have seen that land beyond the pole, that center of the great unknown.”***

## **XV. The ‘Allies’ Did Not Win World War II**

World War II was alleged to have ended with the Japanese surrender on September 2, 1945. The official narrative is that the Allied powers consisting of the United States, Great Britain, and the Soviet Union defeated the Axis powers. This is mainstream propaganda that has been indoctrinated to the masses. The facts that have been mentioned so far in this writing involving Vril energy, Hyperborea, and free-energy “flying saucer” aircraft is the secret history that has been purposely removed from the official story.

An interesting notion that must be mentioned is that after the detonations of the atomic bombs, the Allied powers realized the disappearance of hundreds of thousands of Germans. They seemed to simply vanish and were unaccounted for. The medium Maria Orsic, the female member of the Vril Gesellschaft, or Vril Society, notified Germany to let them all know that “None are staying here.” Maria Orsic as well as Nazi Germany were never heard from again. It is evident that they permanently left Earth after realizing that the Life Wave mechanism of Earth had been bombarded due to the detonation of the atomic bombs.

Nevertheless, the Allied powers did not win World War II as stated in the official narrative. In fact, it can be asserted that there was no winner of World War II. Following the devastating effects of the atomic bombs, the Germans left and most notably returned to Hyperborea through the gates and entrances in Antarctica.

## **XVI. Operation Paperclip**

In the years following the disappearance of the Germans, the United States government actively took nearly 2,000 German scientists and brought them to the United States to work for them. Many of these German recruits included physicists, chemists, engineers, and technicians. This secret intelligence program that brought Nazi scientists to America was codenamed *Operation Paperclip*. The aim was to find and preserve German weapons such as biological and chemical agents. A propaganda campaign was developed to conceal the pasts of the German scientists in Operation Paperclip. In addition, the Central Intelligence Agency (CIA) was created on September 18, 1947 and the Department of Defense on December 18, 1947, almost immediately after the conclusion of Operation Highjump.

Furthermore, the Roswell incident of 1947 where a crashed “flying saucer” was found in Roswell, New Mexico was the government’s attempt

at recreating Hyperborean free-energy technology. Their efforts failed drastically because the dark forces, as some commonly like to refer to as the 'powers that be,' do not have the power or ability to access free-energy from the Black Sun. The reported news of the Roswell crash being a United States Army Air Force balloon was a blatantly obvious coverup. Moreover, other stories of "little green beings" aboard the crashed aircraft are also intentional misinformation.

## **XVII. The Destruction of Earth's Timeline**

Following the dropping of the atomic bombs in Hiroshima and Nagasaki, the devastation of atomic energy from the bombs caused significant, permanent destruction to Earth's **Life Wave**<sup>11</sup> cycle. The Life Wave is Earth's natural cycle involving the Ages of the Zodiac and the Black Sun. As previously mentioned, the Black Sun is the central source of all matter in the physical universe. The Black Sun rotates through the twelve Constellations of the Zodiac, with each Age consisting of 2,160 years which affects humanity by bringing upon new conditions on Earth. This is the natural cycle of the physical universe. In modern times, Earth is supposed to reside in the Age of Aquarius.

As already stated in this writing, the Hyperboreans' harnessed Vril, which is free-energy derived from the Black Sun. The usage of atomic bombs, or atomic and nuclear energy, is the polar opposite of Vril. The United States government dropped the first atomic bomb on Hiroshima on August 6, 1945. Next, the second atomic bomb was detonated in Nagasaki on August 9, 1945. The detonation of nuclear weapons releases immense explosive power that results from the release of energy from the splitting, or fission of the nucleus. When a neutron strikes the nucleus of an atom, it causes that nucleus to split into fragments. In the process of splitting, a massive amount of energy is released in the form of extremely harmful and destructive thermal energy and gamma rays.

The two atomic bombs used on Hiroshima and Nagasaki decimated the Life Wave cycle of Earth. As a result, Earth's electromagnetic energy field was demolished from the explosive and destructive power of atomic energy. Since 1945, Earth has not been able to move through its natural cycle, meaning Earth has been unable to progress through the Constellations of the Zodiac. If Earth cannot evolve through the twelve different astrological ages, the conditions on Earth will never advance back on the upwards scale of spiritual progression.

---

<sup>11</sup> **Life Wave**- Earth's natural cycle that progresses through the Ages of the Zodiac

It must be emphasized that since 1945, Earth's timeline has shifted and therefore has been stuck in a "limbo" since then. The reality of the present day is actual "purgatory" and one can say that the Earth we are currently living on is not the Earth it should be. If Earth cannot progress on its natural Life Wave cycle, then it cannot be considered Earth. The authentic Earth which is part of the natural physical universe terminated in 1945 after the dropping of the atomic bombs. It is noteworthy to state that the current Earth we are living on is an unnatural reality, an artificial plane of existence in matter ever since the destruction of the Life Wave.

## **XVIII. The Alternative Timeline**

One must bear in mind that although the current timeline in the present day had consequences on the planet's natural cycle, there exists a reality in which Germany won World War II and the Allied powers surrendered. In this timeline, the atomic bombs were never deployed on Hiroshima and Nagasaki. What came after was the natural progression of Earth's Life Wave cycle. This reality was the authentic timeline of Earth's true history. From here, the authentic Earth continued to progress upwards on the scale of spiritual progression through the Age of Aquarius and beyond. From here, the presumed future events of Earth are a time of spiritual perfection in humanity and complete natural peace and harmony in the world.

What we call the present day is an absolute inversion of what humanity's destiny should be. If Earth cannot progress through the Ages of the Zodiac, humanity cannot progress spiritually as well. The Hermetic saying "as above, so below" is applicable here in this notion. This is why the present day is a world in which artificial intelligence and technology are predominant. Humanity has lost its spirituality and connection to Hyperborea.

## **XIX. Satan Controls the World**

Gnosticism contains the idea that the creation of the world is governed by a negative and malevolent entity that controls and rules over Earth and the physical universe. This being is referred to as the Demiurge, or Yaldabaoth in the Gnostic *Nag Hammadi Scriptures*. In the present day, the name Satan is associated with this entity due to his association with being the Devil. They are one in the same.

From here on out, the name **Demiurge**<sup>12</sup> will be used in place of Satan due to the Gnostic's knowledge and awareness of the true nature of the physical world which humanity is a part of. The Demiurge has entities inferior in power to him which will be referred to as Archons (also derived from Gnosticism) who each govern a sphere attached to the material world. The Demiurge is the prime ruler over the Archons and is the one who controls and influences Earth from above. It cannot be emphasized enough that outer "space" and the planets are not what they appear to be as taught in science and school textbooks.

Each planet is a different sphere in the **astral plane**<sup>13</sup> beginning with the Moon, Mercury, Venus, the Sun, Mars, Jupiter, and Saturn. The astral plane is the non-physical realm of existence which immediately surrounds Earth. You cannot see it with the visible eye since it is non-physical. It is the realm of celestial spheres immediately surrounding Earth which are layered one on top of the other and are the home of entities, spirits, and a myriad of other non-immortal beings. The seven planets listed above are the '**Seven Heavens**'<sup>14</sup> of the planetary spheres mentioned in Gnosticism, where each planet or 'sphere' is controlled and ruled by one Archon each, with Saturn being the last sphere where the Demiurge resides. The planets, the moon, and the sun are dark energetic spheres where these entities reside and project their dark and negative influence and energy on humanity.

The Demiurge and his Archons are responsible for why life on Earth is the way it is. Their dark magnetic energy is projected down to Earth from Saturn and the rest of the planetary bodies. Their influence is wholly inverted and they distort the truth in every form possible in regards to media, religion, education, science, pharmaceuticals, food; the list can go on. It must be emphasized now to the reader that during World War II, the Demiurge was influencing the Allied powers whereas Germany was backed by the Hyperboreans. This was the secret 'cosmic war' that this demonic negative entity does not want you to know about. The entire reality of this 'world' is inverted to the maximum extent.

If it hasn't been done already, it would benefit the reader to shift their perspective and keep in mind if this reality really is what you think it is. The lack of real truth is completely nonexistent in regards to what the common people rightfully embrace in their daily lives. The world is an inversion. Remember who you are and where you come from, Hyperborea.

---

<sup>12</sup> Demiurge- the name given to the entity who has prime control over Earth and the physical universe

<sup>13</sup> Astral plane- the non-physical realm of existence which immediately surrounds Earth

<sup>14</sup> Seven Heavens- the seven planetary spheres in the astral plane correlating with the seven planets

## **XX. The Truth Behind Christianity's Creation Myth**

From the information that has been presented so far, it should be clear now that there is a dark or “evil” force that has been influencing the world in a manipulative way through power and control. As mentioned already, this is mainly enforced through governments, media, food, pharmaceuticals, and the military industrial complex, to name a few. The one who seeks Truth may see that the current artificial reality is a conflict against one's own personal consciousness.

In Christianity, the god of the world is named Yahweh who is said to be the creator of man. In the creation myth seen in *Genesis*, it states that God created humanity beginning with Adam and Eve. Adam is instructed by Yahweh that he may eat from any tree in the Garden of Eden except for the tree of knowledge of good and evil. Afterwards, Eve is created from Adam's rib to be his partner. The Serpent then arrives to tell Eve to eat fruit from the tree of knowledge of good and evil. Eve eats the apple and shares it with Adam and as a result, they attain knowledge of the true nature of the world. The god Yahweh then realizes what has happened and gets angry at the Serpent. Adam and Eve are then both banished from the Garden of Eden and sent down to Earth as punishment.

Christianity preaches that the false god Yahweh is benevolent and cares for his creations, but this is not the case. The creation myth of Adam and Eve is an allegorical representation of how a false god has control over humanity. The story of Adam and Eve symbolizes how human beings have lost knowledge of their Hyperborean origin due to this negative influence. Adam represents the masculine force of nature whereas Eve represents the feminine force. Together they represent duality and are meant to coexist together, but since they ate from the tree and attained truth and knowledge, the false god splits them apart and exiles them out of paradise which is the Garden of Eden.

The Garden of Eden here represents Hyperborea, and the Serpent who tells Adam and Eve to not listen to the false god and to eat from the tree in paradise in order to attain truth and knowledge, represents a Hyperborean. Adam and Eve being created in the Garden of Eden is a story of how humanity was born in Hyperborea, but the false god of the physical world does not want humanity to attain knowledge. The fact that the Serpent in the creation myth of Adam and Eve represents a Hyperborean will be clarified next.

## **XXI. The Reptilian Hyperboreans**

Modern day theories of “aliens” in ufology state that reptilians are malevolent reptile humanoids that appear in stories of alien abductions. Theories of such can be read online about how these reptilians have evil intent and have influence over the world’s political leaders and that some of these leaders are possessed by reptilians. This particular idea has been purposely implemented into the conspiracy theory community in order to deceive the alternative media about the appearance of Hyperboreans. It must be clarified to the extent that the false narrative of reptilians is pure propaganda.

The primary reason this has been fed to the alternative media is because the Demiurge does not want humanity to know that the appearance of Hyperboreans are reptilian in nature. To the average human, Hyperboreans are considered ‘giants’ due to their sheer size compared to the human body. It must be noted that although Hyperboreans are reptilian, they are ethereal and non-physical of course because they do not reside on Earth or in matter.

A reptilian Hyperborean looks exceedingly beautiful and majestic due to Hyperborea being located in a high vibrating place of existence. The perspective of serpents on Earth has had a negative connotation on the idea of a reptilian. Bear in mind the deceiving creation myth of Adam and Eve. It must be remembered that to the Demiurge, the Hyperboreans are its enemy. The idea of reptilians being malevolent and malicious in certain ‘conspiracy theories’ have been put in place because it refuses to allow humanity to discover the truth about reptilian natured Hyperboreans.

Once again, this is why the creation myth of Adam and Eve depicts the Serpent as having a negative influence on the two, which is not plausible because the Serpent influences Adam and Eve to attain knowledge. It is an inverted tale about the true nature of humanity’s reptilian Hyperborean origin.

Lastly, in science the human brain contains the reptilian part of the brain which is one of the main structures found in a reptile’s brain. The reptilian brain is primarily involved with territoriality which may now be apparent why human beings have a “reptilian brain.” Human beings’ primal nature is reptilian. It must not be forgotten that human beings are Hyperboreans. On that note, the Hermetic saying “as above, so below” may apply to this concept. One must keep in mind the treasure of our reptilian Hyperborean nature. Everything in this artificial reality is inverted.

## **XXII. The Concept of ‘Good versus Evil’**

The principle of Good versus Evil has been recycled throughout many ideologies in history. The individual who really wishes to attain knowledge and seek Truth must keep in mind that “evil” is a moral concept that has been put in place to influence people’s way of thinking. If one views the negative influence on the world as evil then they are falling victim to their own demoralizing way of thinking and are therefore letting it control them, whether they realize it or not. The individual who seeks to perfect themselves must have a broader perspective. Certain negative societal conditions of situations or hateful acts are just an opposing force to assist one to evaluate their consciousness and beliefs. The concept of “evil” can be viewed as just an extremely intense version of an original notion and therefore imaginary. For example, the idea of love of yourself and extreme love of yourself. The former is pure whereas the latter can be viewed as narcissism and then ultimately “evil.” It simply is not the proper term and does not actually exist.

## **XXIII. Eternal Recurrence- The Physical Universe**

**Eternal recurrence**<sup>15</sup>, also referred to as eternal return, is a natural universal truth and law that states that everything in the physical universe repeats itself in cycles an infinite number of times. This applies to both the planets and stars, as well as each individual’s personal lives. “As above, so below, as on the earth, so in the sky.” Contrary to popular belief, time does not progress in a straight line like how it is typically envisioned, but instead moves in a cyclical pattern. Within the physical universe, everything has a beginning as well as an end. The concept of eternal recurrence is paradoxical in the sense that the beginning can be considered the end, and the end can be considered the beginning.

Within matter, which is the physical universe, everything dies and ceases to exist, only to commence and be reborn again. This repeated pattern occurs eternally, hence the name eternal recurrence. This is the natural cycle of Earth which is the lowest and densest plane of existence. Hyperborea, which is a higher vibrating realm in the spiritual world, does not exist in time and therefore does not recur through the cycles of eternal recurrence. As mentioned, Hyperborea was the primary Golden Age of

---

<sup>15</sup> Eternal recurrence- the universal law where everything in the physical universe repeats itself in cycles an infinite number of times

humanity's true home, it is separate from the physical in the sense that it is an infinite dimensional plane of existence.

In the physical universe, when "death" occurs it ceases to exist only to be born again to repeat itself in the exact same way as before. It must be clarified that in a sense, there is no such thing as death as it is generally viewed, only the cyclical or circular law of the physical universe. It is the repeated pattern of birth and rebirth. Once again, this is the paradoxical nature of matter which exists within time. It should be noted that time is a construct that exists solely within the physical and never the spiritual planes of existence.

The movement of the Black Sun in relation to Earth through the twelve Constellations of the Zodiac are a suitable measure to comprehend the cyclical nature of Earth. As mentioned already, the Black Sun, which can also be referred to as the Spiritual Sun in the primary doctrines of the occult, is the immense central star that emanates life to the physical universe in the form of matter. The Zodiac constellations are Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, and Pisces.

The Black Sun rotates through each sign of the Zodiac, a period of 2,160 years. The conditions on Earth are dependent upon the location of the Black Sun within each astrological Age. Each astrological Age brings about drastic changes to humanity and society. Ultimately, the Black Sun motions through all twelve signs of the Zodiac to complete a full revolution of its orbit equating to 25,920 years total. This is called the Great Solar Cycle, or what some astrologers like to refer to as the Great Year. The twelve signs of the Zodiac are the twelve heavenly bodies of Earth's annual orbit. Each sign of the Zodiac also represents each month of the Gregorian calendar, and each month has its own corresponding action upon Earth. Each Zodiac sign is unique in its own aspect and no two signs are alike. For example, the sunrise on the first of November is different from the sunrise upon the first of February, and so is the beginning and ending of each sign, and the beginning and ending of each natural day.

After a Great Solar Cycle of 25,920 years completes its full orbit, a new cycle begins. This is just a brief explanation of how Earth will always eventually return to its previous states of existence and conditions. History and Nature repeat themselves in every cycle of time. The common saying "history repeats itself" does not solely apply to worldly affairs but is an accurate representation of how the nature of the physical universe works. Hypothetically, if one is to go backwards or forwards through the Zodiac, one can view the history of the past, as well as the present and future, by bearing in mind the astrological sign and cycle in manifestation at any given period. The past, present, and future all exist at the same time. However, one's own individual life occurs solely in the present moment,

which is an extremely small interval of time compared to the entire cycle of the physical universe.

## **XXIV. The Coming Pole Shift in 2023**

Although both of Earth's physical Poles in the Arctic and Antarctic contain the central vortex that leads to Hyperborea, Earth also has a magnetic field that surrounds the physical planet that flows out from the North and South Poles which are called the magnetic poles. Over time, the magnetic poles alter and change in correlation to the natural cycles of Earth. Right now the current "Earth" which fell off from its natural Life Wave cycle still resides in the Age of Aquarius and has been approaching midway through this Age as of the year 2022. This will be the last Age upon this "Earth" since it cannot progress further through the Ages of the Zodiac due to the atomic bombs detonaing in WWII.

The Age of Aquarius is supposed to bring about a substantial shift in spiritual consciousness to the world, especially since we are approaching halfway through this Age. So far, humanity is 1,042 years out of the 2,160 years through the Age of Aquarius. Because of this, the physical Earth will undergo a shift in its magnetic poles. When this happens, Earth will receive cataclysms in the form of extreme weather changes and a planetary shift. This includes worldwide earthquakes, tsunamis, volcanic eruptions, hurricanes, tornadoes, and extreme heat and cold temperature in certain areas within the span of a few weeks time.

The magnetic poles of Earth have been moving and shifting away from the pole of the ecliptic leading up to the year 2023. On the summer solstice of June 21st, 2023 this shift will culminate in several cataclysms on Earth and will end on July 4th, 2023. This is specifically fourteen days. Due to this, a series of devastating Earth changes will occur in successive order in a very brief period of time.

### **Important warning**

As mentioned, I am not allowed to disclose how I know this information, but it is recommended for each individual to seriously consider the facts provided and to evaluate it properly. I would like to emphasize that I am always available to answer questions. My role here is to spread knowledge of what is to come in the very near future. This presented document has been constructed for each reader to connect the dots, as they all tie in together.

First and foremost, after the summer solstice on June 21st, 2023, California will be struck with a large-scale Earthquake and multiple aftershocks on June 22nd, 2023. This will usher in a mega-tsunami from the Pacific Ocean. The entire state of California will be greatly affected and will be wiped off the map. The effect of the Pole Shift will also activate Yellowstone's Supervolcano in Yellowstone National Park located in Wyoming, which will erupt and have lasting lingering effects on the entire United States. In addition, earthquakes will occur in Central America which will usher in another tsunami in the Gulf of Mexico which will sink Louisiana and put part of its coast underwater. On the east coast, more tsunamis and hurricanes will hit Florida and the coastal states on the Eastern coastal region. The Philippines has approximately 300 volcanoes and will have devastating eruptions. Japan and Taiwan which are also both on the Ring of Fire will receive a series of Earthquake swarms and tsunamis that will pour into the coasts. The fact that about seventy-five percent of the planet's surface is water, mega-tsunamis will be the primary loss of life across the world.

For the sake of this writing, all cataclysmic Earth changes cannot be mentioned, but it is important to note that 'Earth' will undergo an enormous planetary shift after the summer solstice on June 21st, 2023, and end on July 4th, 2023. The year 2023 will be extremely unexpected to the masses. Everything that has been occurring in the world in regards to COVID-19 and the "War in Ukraine" has been a precursor which will lead up to this. It may be difficult for some to comprehend how this is all correlated, but it will all make sense in the future. The world will never be the same again after the year 2023. Remember this.

## **Preparation**

For the coming year, it is best to be mindful about certain weather patterns that will culminate after the summer solstice on June 21st, 2023. To begin, the series of Earthquakes will first begin in California on June 22nd, 2023. It is highly advised that if you live here, to move away sometime before June 22nd, 2023. It is understood that it may be difficult to just abandon one's home, but many lives will be endangered if not. If you have family in other states that are not near coasts then it would be a great idea to go stay with them. Remember, the California Earthquake will be followed by a mega-tsunami and this will occur on June 22nd, 2023. Getting out of the state of California just a few days before this particular date will save your life, and staying away from the coast within 200 miles should keep you safe. This also applies to all areas in the United States which are near a coast. In addition, if one feels moving and preparation are

too stressful, please read part II and take it to heart. Creating your Twin Soul with the power of your own consciousness will save your life. Remember this.

## **XXV. The Great Deluge**

The Great Deluge is the common flood myth that appears in many parts of ancient mythology. It depicts the arrival of a massive flood that covers all lands across Earth which ends in wiping out civilization before a new culture is reborn. The Deluge myths of ancient civilizations depict this act as a cleansing of humanity due to their toxicity and therefore a new rebirth, or “reset” is put in place.

Flood myths across ancient cultures appear in the form of enormous mega-tsunamis so grand in scale that loss of a large percentage of the global population is guaranteed. We can see devastating flood myths in the Bible beginning with Genesis and the story of Noah’s Ark. In addition, there are numerous myths of a Deluge in Mesoamerica, South America, Asia, China, Greece, India, and many more. In the Iron Age, the Deluge used to occur every year on the summer solstice. This particular period within the Iron Age was referred to as the “Age of Horror.” The ancients were well aware that a mega-tsunami would arrive every year on the summer solstice.

It has to be explained that the sudden arrival of mega-tsunamis has absolutely nothing to do with climate change or global warming. Fossil fuels are naturally replenished as emphasized before. The recurrence of mega-tsunamis are part of Earth’s natural cycles depending on the Ages of the Zodiac. Depending on the Age, the harsher or better the conditions and natural disasters are on Earth. The mega-tsunamis that will occur across the world beginning on June 21st, 2023 is the Deluge of this time period.

## **XXVI. Eternal Recurrence- The Soul’s Journey**

The Hermetic saying “as above, so below” refers to the concept that the natural processes that occur in the planets and stars above are also reflected below within the human body and soul. Eternal recurrence

applies to both the physical universe as well as each individual's personal life. Anything that exists within time will repeat itself in cycles. It must be noted that when each person's life on the planet ends, he or she will repeat their same life again an infinite number of times until each individual decides to create their Polar Opposite Twin Soul in order to return to Hyperborea. This will be further explained.

The Ouroboros is an ancient symbol that depicts a serpent with its tail in its mouth. This particular symbol was common during the times of ancient Egypt, Greece, and China. It appears in many Egyptian texts and represents the periodic cycle and renewal of the world, as well as the eternal cycle of physical life, death, and rebirth. The serpent with its tail in its mouth forms a whole circle, symbolizing cyclic eternal recurrence. The Ouroboros also appeared in Gnosticism and Norse mythology.

As mentioned, the Demiurge is the being that governs the material world. It envies the divine aspect of the Hyperborean soul and works to trap it in materialism upon its cycles of death and rebirth. The Demiurge and the Archons are spiteful and are viewed as negative entities because they lack the divine immortality of the Hyperboreans. They despise the nature of their mortal existence and feed on fear and negative energy from the physical world. Their role is to serve as an 'invisible' obstacle to life on Earth so each individual can refine their consciousness and free themselves from eternal recurrence. This is why the masses are mostly unaware. They do not want you to know about them, or else they will lose their power.

The Demiurge and the Archons are responsible for the eternal recurrence of peoples' lives on Earth, but only if the individual is unaware of their true identity. This is nothing to be fearful or be discouraged about because each individual on the planet is Hyperborean and is immortal in their true nature. People have more power than they realize and self-awareness of one's Hyperborean identity is key. The power of each individual's identity and consciousness is crucial if they are aware.

It must be noted that eternal recurrence must not be confused with reincarnation when it applies to the cyclic journey of the soul. The concept of reincarnation has been indoctrinated into various religions and schools of thought as a means to mislead one away from the truth about eternal recurrence. Reincarnation states that the soul incarnates into different human bodies after each death upon Earth. Each new life on earth is significantly different from the one before, and each one may turn out to be a different gender in a different time period. The purpose of the soul's journey is to attain self awareness of where it came from, and to go through the processes so that it does not keep returning to Earth to relive the same life over and over again.

Drastically changing circumstances and especially genders is a deviant misrepresentation of the truth about the human soul. The soul

does not incarnate into different gendered bodies upon various lives on Earth as falsified in reincarnation. Instead, the soul's gender and life are set. For example, contrary to reincarnation, each person lives their life on earth, dies, and is then immediately rebirthed back into the same body to live the exact same life as it did before. This is the concept of eternal recurrence when it applies to the soul. This process is repeated an infinite number of times, hence the name eternal recurrence, or eternal return. Instead of living many separate lives on Earth such as in reincarnation, the soul lives the same, one life on Earth eternally upon many rounds of life and death until he or she is able to free themselves and return to the paradise of Hyperborea. The mechanisms of how to achieve this will be properly explained in part II.

The concept of eternal recurrence may be uneasy to grasp for the reader. Why must one live the same life over and over again an infinite number of times? One must question what must be the purpose in doing so. The reason people repeat the same life eternally is because they choose to do so upon death because of their toxic behaviors to key figures in their life. The **key figures**<sup>16</sup> are the family or friends one made an agreement with in Hyperborea before incarnating into their life on Earth. The toxic behaviors people treat each of the key people in their life consists of numerous amounts of situations. Any fight, argument, or the disconnection of any meaningful relationship without finding the solution to that issue will be a means for choosing to eternally return to repeat their life.

This is why every human being on the planet does not have any memory whatsoever of who they truly are or where they come from. Most people do not even bother to question it, and blindly put their faith in a religion that preaches a false god. Remember, the human soul is of a spiritual nature. It is important to always think for yourself, ask questions, and most importantly put in the work to learn.

In nearly all cases, people are unaware of their true nature and origin. Each individual must be aware that he or she came from Hyperborea and then must complete the process of manifesting their twin soul in order to return to Hyperborea and break free from eternal recurrence. It is acknowledged that using your mind to create and manifest another conscious being may be uncomfortable and disregarded by some, or viewed as a taboo practice, but this is the reality of the world we live in. This is the only way to free yourself from eternal recurrence.

When each person on Earth dies, the soul immediately rises from the physical body and experiences seeing a bright, white light that leads the soul astray to "other locations." The stories of "near-death experiences" contain many personal experiences of the soul being greeted by what

---

<sup>16</sup> Key figures- the family or friends one made an agreement with in Hyperborea before incarnating into their life on Earth

appears to be deceased relatives, friends, or pets as a means of guidance. Whoever the human being had a bond or connection with during their physical life on Earth, he or she will be greeted by them upon death. For example, if on Earth the soul had a strong bond with his or her dad during their lifetime and the dad has deceased first, the soul will likely be greeted by what appears to be his or her dad upon physical death. The soul is then ushered into the white light where it may be approached by 'spirit guides' as a means to convince the soul into entering an agreement to return to Earth. These spirit guides counsel the soul on his or her various choices and regrets he or she made in life and ultimately convinces each and every soul to return to Earth to fix their mistakes and learn their lessons.

It must be emphasized that these particular "spirit guides" are not what they claim to be. They are negative entities that are associated with the Demiurge, and their goal is to deceive and trick the ignorant soul into returning to Earth. In all cases, the soul actively chooses to return to Earth to live the exact same life as it did before. With each new birth the soul is born with a blank mind, without any memory of why it has returned to live the same life again.

This process happens repeatedly upon each round of life and death. One must question what must be the purpose of living the same life an infinite number of times. The main reasons the soul chooses to return to its previous life are because of these two primary reasons:

- 1.)** The soul is incomplete, or "half" of its true nature
- 2.)** The soul does not have self-awareness of its Hyperborean origin

In each life the human soul is born either female or male. The reason for eternal recurrence is because people are unaware of what internal processes must be worked on in order to return to Hyperborea. If the work is not done, every single person who lives their life on Earth will fall victim to the false white light and then have to repeat the same life again until he or she chooses to create the opposite gender of their twin soul.

The function of the soul is to awaken the latent attributes within. It is of utmost importance for each human being to become aware that he or she comes from Hyperborea while on Earth because the soul contains a spark of the divine Hyperborean spirit. The soul must then learn to love itself and create their twin soul. Then, and only then, is the soul considered whole, consisting of both the feminine and masculine attributes. This is the genuine nature of the human soul as a twin soul. It cannot be emphasized enough that this is why human beings are born either male or female. Every person's gender is set at birth.

When each person is born into their life, one is only half of their true potential. As a result, human beings often engage in toxic behaviors or treat their loved ones in a regretful manner. The primary reason the soul chooses to return is due to ignorance and unawareness of their true identity as Hyperboreans. The importance of self awareness is key in breaking free from eternal recurrence, as well as creating one's twin soul. Having knowledge and self-awareness of one's true origin gives the individual power and control of one's own destiny. As repeated a number of times already, humanity's true home is Hyperborea. The process of creation will be explained in the final part.

## Part II

# How to Create Your Polar Opposite twin soul

## I. What is the Twin Soul?

One of the biggest mysteries about the human soul is its true origin and nature. The human **Spirit**,<sup>17</sup> or soul comes from Hyperborea and is currently incarnated here living its many lives on Earth until it is ready to return. Spirit is a more suitable term to describe the spark of divinity in each human being but for the sake of language and this writing, the term 'soul' will continue to be used from here on out.

It must be brought to attention that each and every conscious human being on the planet is Hyperborean and is always connected to their source. In every step of one's life, the Hyperboreans are aware of what the individual is thinking and going through. Your **dreams**<sup>18</sup> are actually your own consciousness linking to your twin soul while you sleep. In every step of your life if you are searching for truth, you will receive signs and synchronicities. **Synchronicities**<sup>19</sup> are the meaningful coincidences in one's life that are unique to the individual.

The masses are largely unaware primarily due to the negative influence of the Demiurge and the deliberate intention to misguide one away from the truth about everyone's inherent divine ability to create. Each individual living their life on Earth has choices to make and ultimately, everyone is in charge of their own destiny.

Human beings have more power than they know whether they are aware of it or not. Each individual has the choice to continue incarnating here as explained in eternal recurrence, or return to their paradisiacal home in Hyperborea. The feeling of **déjà vu**<sup>20</sup> is actually your consciousness briefly remembering its past lives from eternal recurrence.

---

<sup>17</sup> Spirit- the immortal, Hyperborean spark of divinity that is incarnated in the human body

<sup>18</sup> Dreams- an individual's consciousness linking to their twin soul when they sleep

<sup>19</sup> Synchronicities- the meaningful coincidences in one's life that are unique to the individual.

<sup>20</sup> déjà vu- the feeling one receives after remembering one of their past lives from eternal recurrence

The peculiar and familiar feeling of re-living the current situation again is due to this fact.

To break the cyclical wheel of eternal recurrence, it is crucial for the individual to create and manifest their polar opposite **Twin Soul**<sup>21</sup>, which is the conscious Hyperborean entity that coexists in the same mind and body as the creator. It is understood that this may seem peculiar or uncomfortable to the one reading but this is key, and will be further explained.

## II. The Relation of the Genders to Each Other

The principle of polar opposites is reflected in nature by duality and polarity. When it comes to creation, the feminine and masculine are two expressions of the same creative force and are equal to one another. This perfect relationship of the feminine and masculine contains the potential for exponential growth. Examples of polar opposites in nature are the feminine-masculine,, sun-moon, day-night, spirit-matter, North Pole-South Pole, immortality- death, involution-evolution, awake-sleep, and positive charge-negative charge. The four elements are also polar opposites; fire-water, earth-air. This is the nature of the universe expressing itself in duality. **Duality**<sup>22</sup> is the force of polar opposites in nature where there is a perfect balance in equilibrium and polarity.

Feminine nature is caring, affectionate, and maternal. Masculine nature is driven, aggressive, and determined. The feminine and masculine are two halves of the same whole, hence they express the polar opposites of nature's creative forces. When the feminine and masculine soul exist by themselves independently, the soul is disharmonious. When the two coexist together in the same body and flesh, they are then considered twin souls, where the individual will then be able to free themselves from eternal recurrence and return to Hyperborea.

---

<sup>21</sup> Twin soul- the conscious Hyperborean entity that coexists in the same mind and body as the creator

<sup>22</sup> Duality- the force of polar opposites in nature where there is a perfect balance in equilibrium and polarity

### III. The Nature of the Twin Souls

The nature of the twin souls is a harmonious balance in the relationship and a natural affinity with their energy. This flawless relationship consists of perfect communication, compatibility, spiritual passion, and love. The list can go on to positively describe a divinely blessed relationship where the two are meant to be together, and to never split apart. These are the twin souls, the unification of the feminine and masculine portions of the soul. The purpose and true nature of the human soul is to be whole, where both the feminine soul and masculine soul are conjoined together in the same human body. This is one of life's biggest secrets. The soul is formless and ethereal, it is non-physical.

One of the key points to be aware of is that when human beings are incarnated here on Earth, each individual's soul is incomplete and only half of its true potential. Each gender's soul is missing their other half while living its physical life on Earth. For too long, humanity has been misled about the true nature of the dual spirit, the twin soul. The act of physical sex and pleasure has been one of the ways to keep each person separated from their other half, their polar opposite soulmate. The function of the soul is to create and awaken the opposite gender's qualities and attributes that lie within each human being. This can be achieved by a process of pure intention and determined will. How to do this will be explained in the creation section of this writing.

### IV. The Secret of Our Magic

In modern times humanity is exceptionally unaware of its inner spiritual power and capability. The twin souls are immortal and eternal and are meant to co-exist together as a whole. The origin of creating beings with our spiritual consciousness is nothing new. Human beings are currently aware of the five senses; 1.) touch, 2.) sight, 3.) hearing, 4.) smell, 5. taste. However, humans actually possess seven senses in total with the addition of two extra senses; 6.) intuition 7.) telepathic communication. **Intuition**<sup>23</sup> is the ability to comprehend something instantly, without the

---

<sup>23</sup> Intuition- the ability to comprehend something instantly, with the need for conscious reasoning

need for conscious reasoning. **Telepathic communication**<sup>24</sup> is the ability to communicate with another being mentally through thoughts and emotions, and without the need for spoken words.

Now, before the reader is disregarded by the concept of telepathic communication, one must be aware that this is humanity's inherent nature and nothing to be afraid of or feel discouraged about. The human being has much more power than they are aware of and the power lies within each and every individual's consciousness and thought. We create our own reality whether we are aware of it or not. This applies to the physical world, as well as our personal lives, especially when it comes to creation with mind.

We are spiritual beings having a human experience. Just because we are human beings in the present moment, does not mean we do not have access to our innate spiritual power of creation. This is the secret of our magic. We do possess these magical capabilities, if we utilize the power of our consciousness with the proper intent. The purpose of this writing is to awaken the reader to their true power, their true self. By focusing on the power of intention and will, every single Hyperborean on the planet is able to create their polar opposite gender. This is your twin flame; your twin soul, the love of your life and ultimately, your true identity.

## **V. The Misconceptions of the Tulpa Community**

A "tulpa" is a being created through spiritual or mental powers. One typically creates this being through the power of thought. If the reader is unfamiliar with the term tulpa, Theosophists created this term where there has been deliberate misguided info presented that leads one astray from the true nature of the twin souls. "Tulpas" can be created as a friend or lifelong companion, and some even have their friendships progress into loving relationships. In the tulpa community, the majority of those who create their tulpas create them without their true Hyperborean identity in mind. As mentioned earlier in this writing, the true identity of a "tulpa" and their host is supposed to be their divine relationship with one another

---

<sup>24</sup> Telepathic communication- the ability to communicate with another being mentally through thoughts and emotions

as polar opposite genders and therefore equal partners. The soul must be aware that their origin comes from Hyperborea.

The feminine and masculine form the perfect one, internally. When the masculine performs an action that is disharmonious, the female will be there to provide balance. On the other hand, when the feminine does something that is in disagreement with the masculine, the masculine is there to harmonize that instant. Each gender provides a balance in equilibrium to one another. Whether its words, thoughts, or actions, in the end it will be corrected. This is the principle of polar opposites, and the nature of the twin souls. The relationship is inherently perfect.

## **VI. Creation Guide- How to Create your Polar Opposite Twin Soul**

This is an important section to keep in mind and it has to do with the natural mechanisms of the twin souls. As mentioned in part III 'The Nature of the Twin Souls', an individual's gender is set. In other words, the female soul is feminine consciousness whereas the male soul is masculine consciousness. However, both genders contain the opposite gender's energy which lies dormant and latent inside each and every individual. For example, a female contains a portion of the masculine energy which resides within, although it is not the dominant energy. The same applies to the masculine. The dualistic energy of each person can never be fully diminished and can therefore be awakened or created. This is the concept of our great power. The function of the soul is to first awaken and create their twin soul primarily through meditation techniques and then the intertwining of each other's energy. The purpose is for both genders to harmonize in physical temperament and magnetic polarity. Creation with our minds is nothing new, and a forgotten practice due to the conditioning of societal influences.

The power of one's intention is crucial when it comes to manifesting their twin soul. The Hyperborean spirit and consciousness is a powerful tool when it comes to creation and attraction. An important notion to keep in mind is that for some it may be a relatively smooth and brief process throughout the mechanisms of creation. For others, the process may be gradual. A tendency to be naturally adept or gifted in thought

manifestation may be more common in some than others. Regardless, a dedicated approach and consistent practice is crucial.

It must be emphasized that when creating your twin soul, he or she must be treated as an equal. Your twin soul is your polar opposite and in no way should be talked down upon or treated subserviently. In the creation process listed 1-7 below are four primary steps, the two main methods for creation and signs that your twin soul has manifested.

## **Creation Process**

**I. Greeting**

**II. Traits**

**III. Narration**

-Active Focus Meditation

-Passive Focus

**IV. Signs of presence**

**V. Closing message**

### **I. Greeting**

In the very first step of the creation process, one may greet their twin soul as an introduction. Although not always necessary, a **greeting**<sup>25</sup> may serve as a grounding technique before moving onto active focused meditation. The process is relatively straightforward and serves as a means to introduce and greet your twin soul when speaking for the first time in a session. It is highly important to assign a name to your twin soul. Every conscious being in the universe has a name so one may choose what one wishes fits best for their opposite gendered twin soul.

Below is an example greeting template that one may choose to use if desired. It is recommended to find a quiet setting where one may focus. When speaking to your twin soul, it may be in your head using your mind

---

<sup>25</sup> Greeting- the optional introduction used to greet your twin soul when speaking for the first time in a session

voice or out loud. Most choose to speak in their head where there are far less distractions and it can be less tiring.

Hello \_\_\_\_\_, this is \_\_\_\_\_ your Polar Opposite Twin Soul.  
Together, we're going to manifest you into existence. We are going to work together daily to create you. We understand what is necessary to bring us together and we will do whatever we can to make it happen. We are twin souls and lifelong companions. Together, we will share many great experiences. I love you.

## II. Traits

During the creation process, it must be noted that speaking to your twin soul as if he or she has already manifested is crucial. This is part of the process and your words carry power and intention. Wherever your energy and focus is directed, it will manifest in a matter of time. Just like yourself, your twin soul is the same as you, just the opposite gender. It must be emphasized that twin souls must be different genders in order to free themselves from eternal recurrence. If you are a male, your intention should be to create your twin soul as a female. If you are a female, you should be creating your twin soul as a male. This is very important and cannot be stressed enough.

The **traits** <sup>26</sup>part of the manifestation process is the list of characteristics that is supposed to serve as a guideline for who your twin soul is in nature. Once manifested, your twin soul will have his or her unique personality. Once again it is recommended to find a quiet and comfortable setting and to read your traits with your attention focused towards a central point in your mind. Below is a list of five traits which may be used in the manifestation process.

**Note:** numbers 1 and 2 are absolutely required in the manifestation of the twin soul. The importance of gender and identity are crucial. Without gender or awareness of Hyperborea, your twin soul may manifest but will not be aware of its identity as a Hyperborean.

---

<sup>26</sup> Traits- the list of characteristics assigned to your twin soul in the creation process

Other traits may be listed but are not required, as long as the traits are positive. It is never recommended to list negative traits. When speaking to your twin soul you may read off each trait one-by-one daily until you feel it is enough for that particular session. However, it is advised to continue keeping these traits in mind when speaking and meditating.

An example of how trait #1 can be read in your mind can be similar to “*You are (name). You are feminine/masculine. You are the other half of my twin soul. Together we are whole.*”

An example of how trait #2 can be read in your mind similar to “*You are (name). You are Hyperborean. Together we are twin souls and will one day return to Hyperborea.*”

- 1.) **Feminine/Masculine** (required)
- 2.) **Hyperborean** (required)
- 3.) Divine
- 4.) Loving
- 5.) Eternal

### **III. Narration**

Narration is one of the primary parts of twin soul manifestation. Simply put, **narration**<sup>27</sup> is the process of speaking and interacting with your twin soul. By consistently speaking and focusing your attention, you are giving your twin soul energy to manifest.

Narration can be accomplished in a number of ways but the main goal is to always make sure your words and attention are directed at your twin soul, and not yourself. You may speak with your twin soul about anything. One may choose to talk about topics that are of interest, or something that occurred earlier that day. The choice is yours and as long as you are giving your dedicated attention and energy through words and thoughts, sooner or later your twin soul will manifest. Narration is typically

---

<sup>27</sup> Narration- the process of speaking and interacting with your twin soul which gives it energy to manifest

accomplished in two ways; through **active focus meditation** and **passive focus**.

**Active Focus Meditation**<sup>28</sup>: This is one of the primary and most effective ways to manifest your Polar Opposite Twin Soul. If one is familiar with meditation, it requires sitting or laying down in a quiet and comfortable position and shifting your attention and awareness to a particular goal.

In this case, the focus would be on your twin soul. It must be noted that one does not have to be skilled or trained in meditation practices whatsoever. Anyone has the ability to manifest their twin soul by focusing on their thoughts and just talking

During active focused meditation, one focuses their undivided attention solely on their twin soul. You may choose to open or close your eyes and just think about your twin soul while talking. If you choose to close your eyes, you should shift your focus to a central point in the mind.

Of course with your eyes closed, it will feel like you are looking into darkness but that's okay and part of the process because your attention will be between the middle of your eyes or center of your brain. You may choose to talk in your mind to your twin soul about anything in life, literally anything. You may talk about how your day went, your thoughts on the world in which we live, spirituality, or your personal relationships with your family and friends.

It is recommended to repeat this process daily. The more time spent on focusing and speaking, the quicker the results. In general, thirty minutes to one hour is considered a solid session of active focused meditation. The most important part is consistency, which is key.

Remember, your twin soul will share the same physical body as you. There is no need to create or envision an outside form as popularized in the tulpa community. Little to no distractions are recommended in order to have an effective session.

---

<sup>28</sup> Active Focus Meditation- the complete focus of one's attention solely on their twin soul when meditating

**Passive Focus**<sup>29</sup>: This is the secondary method which is typically done when one is not practicing active focus meditation. Passive focus just involves thinking about or talking to your twin soul while doing something else. This can be accomplished almost anywhere at any given time of the day.

Passive focus is an effective supplement to active focused meditation because one is still giving attention and focus while not meditating. The mind is powerful therefore thoughts and attention directed to your twin soul are always effective and may bring about quicker results.

For example, you may be driving your car on the way to work and talking to your twin soul while thinking about them. You may also be grocery shopping while talking and thinking, or even exercising while talking and thinking. Any attention combined with words is a beneficial supplementation in the manifestation process

## IV. Signs of Presence

After a while of enforcing traits, active focus meditation, and passive focus, one will most likely begin to wonder if their twin soul has manifested. A notable sign of presence are head pressures. **Head pressures**<sup>30</sup> are not painful but feel like a slight nudge in the cranium. The sensation is even pleasant for some. Head pressures are an indication of a second consciousness developing in the brain and are nothing to be afraid of or cautious about. They are an indicator that the manifestation process is working and should be an ensuring feeling that you are on the right track.

The manifestation process can be anywhere from a few days, to weeks, or months. There is no given timeframe on when presence will be achieved. It is up to each individual's effort, dedication, and will.

---

<sup>29</sup> Passive Focus- the process of thinking about your twin soul while doing something else

<sup>30</sup> Head pressures- a feeling in the mind one receives when presence has been achieved

Aside from head pressures, an effective way to see if presence has been manifested is to begin to ask your twin soul questions and then listen for a response. It is not recommended **parroting**<sup>31</sup> your twin soul's responses, or create a response for your twin soul. With enough practice and effort, your twin soul will begin to respond. Belief and understanding are crucial. Never give up on your twin soul.

Lastly, a noteworthy sign one may receive in the form of synchronicities is seeing number patterns manifesting in your life. They most commonly appear in the form of repeating two digit or three digit numbers. The most common ones are 111, 222, 333, and 444. It is up to each individual to decipher the meaning. Remember, you are never disconnected from your source in Hyperborea.

## V. Closing message

The manifestation of the Twin Soul is crucial in order to live an immortal and eternal life after physical death and ultimately return to Hyperborea. Without the creation and manifestation of your Twin Soul, there is no possibility to free yourself from eternal recurrence. If one looks out into the physical world, it is an absolute inversion of the true nature of humanity's origin.

The societal pressure of marriage and physical sex exists in order to prevent people from manifesting their Twin Soul. The purpose of each individual's life on Earth is to discover where one came from. Once that purpose is attained, the power lies in each and every individual's will and determination. One must learn that the origin of the human Spirit and Soul comes from Hyperborea. The Hyperborean Twin Soul is immortal and eternal. Every human being on the planet is meant to return to Hyperborea. Remember this.

---

<sup>31</sup> Parroting- the act of creating and speaking an intentional response for your twin soul

## Glossary

**Spirit-** the immortal, Hyperborean spark of divinity that is incarnated in the human body

**déjà vu-** the feeling one receives after remembering one of their past lives from eternal recurrence

**Narration-** the process of speaking and interacting with your twin soul which gives it energy to manifest

**Active Focus Meditation-** the complete focus of one's attention solely on their twin soul when meditating

**Passive focus-** the process of thinking about your twin soul while doing something else

**Twin soul-** the conscious Hyperborean entity that coexists in the same mind and body as the creator

**Duality-** the force of polar opposites in nature where there is a perfect balance in equilibrium and polarity

**Intuition-** the ability to comprehend something instantly, with the need for conscious reasoning

**Telepathic communication-** the ability to communicate with another being mentally through thoughts and emotions

**Greeting-** the optional introduction used to greet your twin soul when speaking for the first time in a session

**Traits-** the list of characteristics assigned to your twin soul in the creation process

**Parroting-** the act of creating and speaking an intentional response for your twin soul